Transitioning from Basic Skills Level 4 to Advanced Basic Skills/ Beginning Figure Skating

Congratulations for passing Basic Skills level 4! This is a big accomplishment that you should be proud of. Once you pass out of level 4, you move into the Advanced Basic Skills Program (levels 4-8) which we also call Beginning Figure Skating. As skaters move up to these levels, we have found that getting instruction twice per week and coming to more open sessions really speeds up the learning curve. There is a direct correlation between the amount of time a skater spends on the ice and mastering the more difficult skills they are learning.

JSC has two classes per week that a skater at this level may register for:

- Monday 6:30-7:30pm Half of this class will be spent developing the skills in the Basic Skills Levels 5-8. During the other half the skaters will have fun developing synchronized skating skills!
- <u>Saturday 11:45am-12:45pm</u> During this class skaters work both independently and with an instructor or assistant instructor to develop the skills in Basic Skills levels 5-8.

We encourage you to sign up for both classes. Look for Beginning Figure Skating Classes on the Registration page for Basic Skills.

Additional Skating & Skill Development Options:

- Open Skates & Freestyle Skates: Both of these skating options are offered through the Treadwell Ice Arena. Please check the Treadwell Ice Schedule for times. Freestyle sessions are specific for Figure Skaters and Beginning Figure skaters. During these skates, skaters are able to play program music & skate in any direction which facilitates practice of programs and figure skating elements. This is a great opportunity for beginning figure skaters to skate on the same ice as other figure skaters.
- <u>Private Lessons:</u> Some of our JSC coaches provide private lessons. Private lessons allow scheduling flexibility and provide skaters with prolonged focused attention on the skaters individual needs. Please, see the Coaches page on our website for more information.

Skates:

This is a good time to move out of rental skates and into purchased skates. For more information on what skates to buy, please, talk to your coach.

We love sharing our passion for skating with you! Please reach out to any coach or email the <u>juneausk8@hotmail.com</u> if you have any questions. We know that some of the skating terminology gets confusing so feel free to ask about any aspect of skating!!